



Northern Buckeye Conference

Middle School Track and Field Championships

Otsego High School, Friday, May 15, 2015

**NBC
MS
Track**

18505 Tontogany Creek Road, Tontogany, OH 43565
Phone: 419-823-4381

Meet manager: Richard Morgan, phone: 419-601-1976
email: rmorgan@eastwoodschoools.org

Teams: Eastwood, Elmwood, Fostoria, Genoa, Lake, Otsego, Rossford, and Woodmore

Scratches: **Please check the program. Make sure everything is correct.** If there are any corrections, changes, scratches, or substitutions, please come to the press box before the coaches' meeting if possible. Once the meet begins, only drops will be accepted.

Meeting: There will be a short coaches' meeting at 3:15 in the press box.

Prelims: In the 100/110 M Hurdles, 100 M Dash, and 200 M Dash, the heats have been seeded as evenly as possible based on submitted times, keeping teammates in separate heats. **The top 4 places from each heat will advance to the finals.** In the 200 M Hurdles and 400 M Dash, athletes were placed into two heats, run from slower to faster, based on submitted times. However, anyone can score from either heat.

Field Events: There will be four attempts with no finals. Please use your own implements. Make sure you have them weighed in the garage by the pole vault.

Relays: As there will be no relay cards, please report changes in runners to the press box, just like any other event. Please use your own batons.

Zones: We are asking that coaches help judge exchange zones during the relays. Please report to the exchange zone assigned. Flags will be provided.

400 m relay zone 1: Elmwood, Fostoria

400 m relay zone 2: Genoa, Otsego

400 m relay zone 3: Rossford, Woodmore

800 m relay zone: Eastwood, Lake

Heights: We will use the following starting heights: Girls HJ 4', Boys HJ 4'10", Girls PV 5', and Boys PV 6'

Scoring: We will score 8 places. (10-8-6-5-4-3-2-1)

Awards: There will be team trophies for champion and runner-up. Plaques will be given to winners. All awards will be available in the press box after the meet.

Markings: Tape is acceptable to mark the high jump. Please use your own tennis balls to mark relay zones.

Results: All results will be posted on baumspage, hopefully before you get home.